



SPONTANEOUS SPEAKING

„If only I'd said that at the right moment!“

Sound familiar? It's all too easy with hindsight, but much more difficult to keep a clear head in a pressure situation and respond appropriately.

Speaking with spontaneity requires quick thinking, preparation, an understanding of the situation, and most important of all – practice.

In my one- to two-day programme, you will learn to:

Think quickly and creatively while under pressure, prepare an arsenal of comebacks and arguments to strengthen your repartee – and do this in a calm and assured manner.

WHAT WILL YOU *LEARN*

- 1 QUICK THINKING**
BEING CREATIVE UNDER PRESSURE
 - / Exercises for creative thinking
 - / Juggling information under pressure
- 2 COMEBACKS**
FINDING THE RIGHT WORDS AT THE RIGHT TIME
 - / Prepare clever responses
 - / Different situations require different strategies
- 3 STYLE**
IT'S HOW YOU SAY IT THAT COUNTS
 - / Remembering your competence
 - / Controlling your tempo
 - / Finding the appropriate tone
- 4 PERFORMANCE**
PUTTING IT ALL TOGETHER
 - / Preparation and practice
 - / Debates and Role-plays
 - / Creative improvisation under pressure
 - / Finding and repeating helpful structures



An instructive, entertaining and intensive training - perfect preparation for our international representatives' meeting. We focused on the targeted use of voice and body language and were able to improve considerably under your guidance. A really interesting, exciting and effective training that we can strongly recommend.



Peter Schwab, Managing Director
Brandenburger Isoliertechnik GmbH & Co. KG



Sein Einsatz hat ohne Zweifel unsere kommunikativen Kompetenzen im tagtäglichen Auslandsgeschäft ehr positiv beeinflusst.



Iris Kremers
1. Vorsitzende
neueLeben Versicherung
Vorstand Talanx



ORLANDO SCHENK

M.A.: SPEECH AND COMMUNICATION EXPERT

- / Qualified Speech Trainer (DGSS)
- / M.A. Speech, Communication and Rhetoric, Universität Regensburg
- / Training in communication psychology – qualified Heilpraktiker für Psychotherapie
- / 17 years of international coaching experience
- / Ensemble Member at Akademie für gesprochenes Wort, Stuttgart

MY ADDED VALUE

- / **Individual training:** I work in a different way with each client, and believe that I am there to help a client reach their own goals using their own inner resources.
- / **Native speaker:** I am an English native speaker with extensive training experience in the business sector. I speak fluent German and good French.
- / **Action plan:** You will receive individual feedback and take home an own action plan, enabling you to work specifically on your own weaknesses.
- / **Follow-up coaching on demand:** I offer short follow-up coaching sessions for future presentations on demand – either online or face-to-face.
- / **Flexible location:** I generally provide in-house programmes, but also host workshops in our own training facilities.

CLIENTS

Allen & Overy , London
KIT Karlsruhe
University Mainz
University Kaiserslautern
University Geisenheim
University Landau
Simmons & Simmons, London
METRO Gruppe
Ernst & Young, Düsseldorf
RWE
Boston Consulting Group
Siemens SEN
Vodafone, Düsseldorf
Paracelsus Schulen
Verband Freie Psychotherapeuten
Kerkhoff Consulting
Airbus Industrie
Targobank, Hilden
Booz Allen Hamilton
Leifeld Metal, Ahlen
Brose GmbH, Wuppertal
Prinzengarde Düsseldorf
TU Dresden
Westfälische Universität Münster

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